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# FLEURESSENCES

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MAY 2005 VOLUME FOUR

## Fairy Connection

### Combination Formula

*From Fleuressences*

Flower essences are wonderful for improving our abilities to become more aware and sensitive to the realms of nature spirits, elementals, fairies and devas that exist on earth plane levels. These beings that exist "beside" us in other dimensions are the vibratory constituents of the natural world. Their vibrational frequencies maintain what we label as our experience of being and receiving images of what we consider to be everything that we observe to be of the earth plane.

It seems that earth and its nature spirits, animals, minerals, and other life exist at interrelated frequencies that are "entangled" in the same quantum state as humans, and therefore are in a state that it "appears" we exist within.

My experience of the deva energies of the plants is not at all what is typically depicted in "fairy tale books." I see them as energetic vortices that are extremely high frequency.

I have been taught by a shaman to go into a wolf's body and observe the flower energies from their perspective. I will write more about this in another newsletter and eventually will have photos of drawings of "deva energies."

To help us to get to know the nature spirits existing at other dimensions, **Fleuressences** has created with the help of divine guidance, the flower essence combination formula **Fairy Connection**. To become aware of this realm, it is necessary to quiet all of the emotional chatter (**Red Clover**), tune to a focused center of serenity and silence (**Chamomile**), and improve our ability to hold a state of inner and outer peace (**Indian Pipe**).

Flowers that specifically assist with attunement to fairy and other realms include **Foxglove**, **Meadow Rue**, **Baby Blue Eyes**, **Calendula**, the **Fairy Rose** and **Melissa** or **Lemon Balm**. **Snapdragon** helps us to

## Forget-me-not

*Myosotis scorpiodes*

*Flower of the Month*

There are masses of tiny flowers that fill our visual senses with light airy mists of pale blue, blooming in the wet meadows of northern Wisconsin now. These flowers are the **Forget-me-nots** or also commonly called **Baby Blue Eyes**. **Forget-me-nots** are a premier fairy flower. It is not hard to imagine the fairies of these flowers dancing blissfully among the tangle of flowers and shrubs that **Forget-me-nots** grow along side of.

The seemingly soft delicate energies of **Forget-me-not** are powerful reminders to "not forget" the dimensional realities that create the trees, shrubs, flowers, minerals and other aspects that make up the field that we call our experience of life on the earth plane.

I made a fresh essence of **Forget-me-not** yesterday and drank it this morning, requesting information about how this flower serves humanity. This is what was given to me:

*"I am **Forget-me-not**, lover of life, transporter of knowledge and wisdom and harbinger of hope that you shall remember me and the prayers that I hold*



*for the earth and those dimensional planes that create*

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## Fairy Connection Formula - continued from page 1

become more aware of our voice and its impact on the natural environment. **White Mullien** helps to raise our vibratory frequency. There are essences in this formula that tune us to the blueprint of an enlightened human, help us to hold more light and guide us to a memory of our mission on planet earth. This essence combination holds the semi-precious gem and mineral essences of Staurilite and Lemurian Seed Crystal.

**Fairy Connection** fills us with joy, delight, playfulness and laughter, while simultaneously connecting us to the wilderness of our soul. **Fairy Connection** will teach you to pay better attention when you are in wild places.

For a complete description of each of the flowers contained in **Fairy Connection** go to [www.fleuessences.com](http://www.fleuessences.com) and click onto essences and then on to **Fairy Connection**.

This combination formula is also available as a spray that you can use in your garden spaces to activate the deva energies and improve your perception abilities. §

## Offer Flowers

"I offer flowers. I sow flower seeds.  
I plant flowers. I assemble flowers.  
I pick flowers. I pick different flowers.  
I remove flowers. I seek flowers.  
I offer flowers. I arrange flowers.  
I thread a flower. I string flowers.  
I make flowers. I form them to be  
extending uneven, rounded, round  
bouquets of flowers. I make a flower  
necklace, a flower garland, a paper of  
flowers, a bouquet, a flower shield,  
hand flowers. I thread them. I string them.  
I provide them with grass. I provide  
them with leaves. I make a pendant of  
them. I smell something. I smell them.  
I cause one to smell something. I cause  
him to smell. I offer flowers to one.  
I offer him flowers. I provide one with  
a flower necklace. I provide him with a  
flower necklace. I place a garland on one.  
I provide him with a garland. I clothe one  
in flowers. I cover him in flowers.  
I love him with flowers." (Aztec Song)

## Forget-me-not - continued from page 1

*earth's trees, plants and minerals. I am the fairies dancing in the moonlight and sunlight.*

*I am a distinct frequency of gleefulness and delight. I care for the concerns of the children of all ages, bringing to them a greater awareness and discernment of our realms.*

*I infuse and embrace you in a pale blue cushion of soothing energies that will wake you up and not let you forget those aspects of reality that you have been asleep to."*

To attract **Forget-me-nots** into your gardens, make sure that you have at least one garden that is a tangle of shrubbery and wildness. The energies of **Forget-me-not** love an area that is untouched or rarely "interfered with" by humans. We have been guided to put **Forget-me-not** into our **Fairy Connection Combination Formula**.

The essence of **Forget-me-not** is wonderful for children or others who have had their innate wisdom discounted over long periods.

This flower helps us to become more confident of inner knowledge that we have doubted because of outside judgments and pressures.

Available in ½ oz. or 2 oz. blue cobalt bottles at \$18.00 and \$30.00. §

## DNA Blueprint

*from Galactic Grace Essences*

**DNA Blueprint**- energetic breakdown and reassemblage of the DNA structure so that it vibrates more with the frequency of Elohim's (the plural splendor of the Creator God) voice.

The DNA vibration is brought up to the frequency of the Creator Aspect of God who called everything into being. So each of us can hear the stepping stones of the chords that bring in all the information needed to bring about monumental shifts in DNA structure.

This formula holds pieces of wisdom for all of the strands of DNA. §

# Lilac

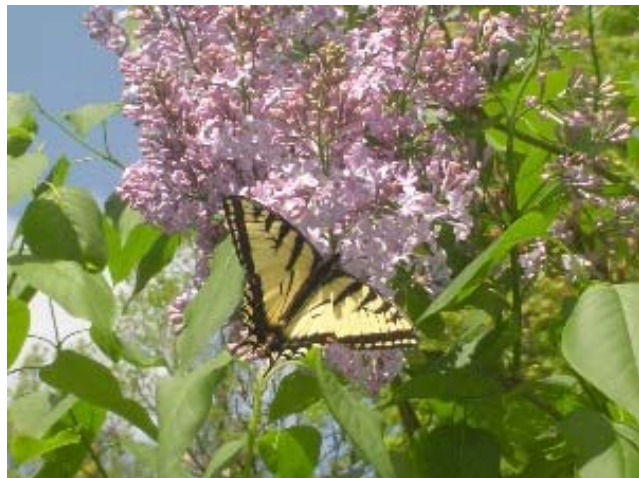
*Syring a sp.*

A few days ago, I made an essence from the **Lilac** flowers. Two days later I was guided to drink the heavenly tasting, **Lilac** infused water. This is what the devas of my **Lilac** bush said to me:

*"I am **Lilac**, guardian of legions of information that have been hidden for centuries to be "found" by sensitive souls that cherish the earth and all who live there. I hasten to add that these "files" of knowledge will stimulate the activity of star beings that will "etherically" be with you to assist you in your endeavors that will entirely shift your experience of the earth plane.*

*I hold ideas and concepts from other galaxies that will bring balance back to earth. I am the keeper of knowledge that will bring technological advances far beyond what is currently imagined.*

*I also assist individuals with specific health issues, related to support structures for the human body, both for its present 3D and eventual 5D forms. This includes but is not limited to skeletal and spinal imbalances. I also hold activations related to your sense of smell and the resulting renewed memories that our fragrance will activate in individuals who are ready.*



*Versions of **Lilac** grow in the most desolate of landscapes, reminding each of you that no matter where you are, everything that you need to heal and evolve is within arm's reach.*

*Please inhale our fragrance with renewed inspiration as to the gifts that will be revealed to those that take the time to know our true purpose." §*

# How to Choose Flower Essence Combinations

Learning to choose the appropriate flower essence combination is an initiation into understanding the process of healing higher frequency aspects of our being. Typically we are patterned to ask someone else what is wrong and what they recommend to heal the imbalance we are holding.

As we move to healing and clearing energetic imbalances vibrating in our energy fields, each of us at some point is required to go within and ask what needs to be done. At the instant you ask yourself how to heal, a new paradigm is created. You are empowering yourself to heal yourself. You are clearing mistaken thought patterns that have suggested that you are powerless to heal yourself.

You are opening the doors to learning how to know your own healing powers and how to use them. If you are unsure which combinations of flower essences would be appropriate for your next step in healing, the following information may be helpful.

## **Watching the Energetic Input:**

It is sometimes difficult to trust our more intuitive reactions. Many of us have been programmed from an early age to "think things through," taking an analytical, intellectual approach, rather than accessing another, more intuitive energetic dimension that often gives us information that is completely different from our analytical mental body input.

In the process of choosing a flower essence combination, watch your energy and how it is feeling. Imagine that you are in front of a screen that depicts the rise and fall of your energy and how your energy is reacting as you read about the essences.

Is your energy doing a dance of joy, with high peaks and an expansive quality? Do you feel excited or feel as if you want to reach out and grab the energy being described? Perhaps your energy interest profile stays flat and disinterested.

Learning to be alert to the energy reaction that you experience should help you to discern essence combinations that would serve your healing and evolutionary process. The more that you trust this process, first by trying, then by getting good results, the more you will want to access it.

## How to Choose..... - continued from page 3

### Asking Your Heart:

Recent research is clearly showing that the human heart has access to the information field. Whether one decides to act on this heart-felt, more intuitively based information is another story. Many of us have no idea how to access the "heartmind" to determine how the heart feels.

To gain information from your heart, start by focusing your attention on your heart beat. Once you have tuned into your heart beat, begin to breath into the place that is the origin of that heart rhythm. Breathe slowly and gently in and out through the center of your heart. You can imagine your heart has its own pair of lungs if that helps you to get your breath there.

Once you have centered and focused at your heart, turn to the decision you are attempting to make and ask your heart for direction. The very first thought that comes to you will be heart based, the thoughts that follow may move back to more analytical mental body information.

### Asking Divine Guidance:

Another way to choose flower essences for yourself or for others is to check with the realms of etheric guidance. There are literally thousands of etheric beings that have a much broader spectrum of information than each of us does individually.

There are many angelic guardians around each one of us at any given moment. Take the time to thank them for all that they have done for you up until this moment. Then you can ask them to guide you in the decisions related to choice of flower essences. §

*'I infuse and embrace you in a pale blue cushion of soothing energies that will wake you up'*

### To Access Previous Newsletters:

Visit [www.fleuressences.com](http://www.fleuressences.com). On the home page, click on to "Newsletter." The archives of previous newsletters will come up. Click on to the month you would like to read. The newsletters are easy to download and print out beautifully if you would like to experience their healing vibrations and read them at your leisure. §

## Back to Basics

**Violet Flame** - an energetic technology which allows one to transform, transmute and transfigure negative or imbalanced energy. The flower essence combination formula **Spiritual Partnership** contains **Petunia St. Germain**, which holds the technology of the Violet Flame.

**Lightbody** - a perfected 5th dimensional Christed body; ageless, beautiful and luminous. We are currently in very dense water-based bodies and are making the transition to air-based bodies. The combination formula from Fleuressences - **Lightholder**, is excellent for activating this transition.

**White Light** - another energetic technology that offers a veil of protection and safety, manifest through the power of our intention and the Holy Spirit. **Our Advanced Protection** formula available both through Fleuressences and Galactic Grace is full of White Light Protection.

(I wish to thank Bryan de Flores and his Quantum Acceleration Package for Light Masters for these definitions.) §

**1-800-850-6839**

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## FLEURESSENCES

7049 VIRGIN TIMBER DRIVE

RHINELANDER, WI 54501 1-800-850-6839

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A complementary healing modality can be found at [www.lahochi.com](http://www.lahochi.com)

E-mail to: [lizjchan@hotmail.com](mailto:lizjchan@hotmail.com)

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