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# FLEURESSENCES

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FEBRUARY 2005 VOLUME TWO

## Broken Heart Combination Formula

*From Fleuresences*

**Broken Heart Combination Formula** contains 24 essences that clear negative patterns and imprints in our energy field that are related to the heart chakra.

This combination of essences is for those who are working to move to greater depths of intimacy in their personal relationships. It clears negative imprints and patterns in our energy field that are related to our heart chakra. It is excellent for those that note that they seem to have a pattern of sabotaging or undermining a relationship, rather than moving into a deeper exploration of the relationship.

For a greater understanding of this formula, please refer to the second half of the article contained in this newsletter, entitled "**Flower Essences for Evolutionary Healing.**" §

## Sacred Union Combination Formula

*From Galactic Grace Essences*

**Sacred Union Combination Formula** is a combination of physical flower and gem essences, with some additions of their own from the etheric realm!

This formula has already and will continue to assist many with the complicated endeavor of sacred union in relationship to self, creator and another on planet earth. This formula brings about a greater understanding of what it means to be in sacred union with oneself or another.

We are told that **Sacred Union Combination Formula** will do the following. --- "*Connects light barren regions within the sacral and solar plexus to produce a union full of sparkling rays of continual companionship. Offers sustenance to heartfelt desires*

## Rose

*Rosa sp.*

### *Flower of the Month*

We have chosen to describe a variety of roses for this newsletter's flower of the month. There are thousands of species of roses and it is amazing to learn that each has its own gift for helping to heal humanity.

Even a brief summary article like this on roses would not be complete without mentioning **Rosa Gallica**. **Rosa Gallica** is the "mother of all roses." Her essence is very powerful and is almost always called for in personal formulas because she holds us in an energetically protective, jewel-like structure (think sacred geometry) while we retune and stay attuned to all of the essences contained in our formula. We have found that this rose helps us activate and ground our personal energy grid and maintain it in unison and harmony with the earth's grid.

Many roses work on the electrical aspects of our energy field. **Lauriana Rose** realigns the electromagnetic fields of the body back into balanced polarity. The gorgeous **Pale Pink Rose** helps our electrical system cope during transition and change, resulting in smooth change on all levels of our being.



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## Sacred Union Formula - continued from page 1

*and a willingness to trek up the mountain alone but together. Seals companionship longings and creates beautiful sustained gratitude toward the other.*

*Opens the heart and purifies the most selfish of desires within the relationship boundaries. Helps one to gaze at the unlimited kaleidoscopic arrays of ways to be in relationship. Discourages routine patterns, keeping ones touch always fresh. Aids in discernment of ones partnership."*

All of the flower and gem essences from the **Sacred Union Combination Formula** are also available in our very popular spray form. We have put the essences in a base of **Organic Indian Rose de Mai** water which brings delightful fragrance experience and ritualistic opportunities to our **Sacred Union Formula**. (A 2 oz. spray bottle is \$20 and 4 oz. is \$30.) §

For an extensive description of **Sacred Union Combination Formula** visit:  
[www.galacticgrace.com](http://www.galacticgrace.com)

## West Wind #2

*By Mary Oliver*

*You are young. So you know everything.  
You leap into the boat and begin rowing.  
But listen to me.  
Without fanfare, without embarrassment,  
Without any doubt, I talk directly to your  
soul. Listen to me.  
Lift the oars from the water, let your  
arms rest, and your heart, and heart's  
little intelligence, and listen to me.  
There is life without love. It is not  
worth a bent penny, or a scuffed shoe.  
It is not worth the body of a dead dog  
nine days unburied. When you hear, a  
mile away and still out of sight, the churn  
of the water as it begins to swirl and  
roil, fretting around the sharp rocks...  
when you hear that unmistakable  
pounding...when you feel the mist on  
your mouth and sense ahead the  
embattlement, the long falls  
plunging and steaming...then row, row  
for your life toward it.*

## Rose - continued from page 1

**Sarah Van Fleet Rose** smooths and calms our electrical system even during the most turbulent and chaotic times. The ruby colored **La Belle Sultane Rose** will restore a person to greater vitality or transform stale energies in a room.

Some roses hold amazing healing gifts. Healers love **Rosa Banksia** because this essence helps us to hold the vibration of unconditional love, all the time, and especially when we are challenged and are not feeling it ourselves. The **Mary Rose** activates and enhances the threefold flame of divine will, divine wisdom and divine love in our heart chakra chalice. **Rosaraie de l'Hay** is a deep magenta rose with the ability to "electrify each particle of your temple body now and forever." **Graniana Rose** activates a chakra at the base of the skull that will assist us with communication skills with divine beings anxious to work on co-creative projects with us.

Roses can also be helpful in very practical ways on an everyday basis. **Coral Pink Rose** helps us to no longer project negative outcomes to future events. Its affirmation is "I am centered in the knowing that all is unfolding in perfect divine order." **Mary Queen of Scots Rose** improves our ability to clear longstanding disharmony between people or groups of people. Many have recently tested for **Old Blush China Rose** for maintaining stability as their evolving beings let go of old ways of thinking and begin to embrace new perceptions of expansiveness and freedom.

Almost every combination formula in the **Fleuressences** line contains one or more roses. We are most grateful to the devas of the roses for their assistance in such a wide spectrum of circumstances. In later issues we will profile many of the roses mentioned in this article in much greater detail. §



# Flower Essences

## For Evolutionary Healing

By Elizabeth Chandler

[It is the policy of **Fleuressences** and this newsletter to be truly educational in any way that we can. We would like to offer the following in-depth article, written by Elizabeth that was published in "In Touch"]

### **PART TWO Continued.**

The scope of healing available through flower essences is truly miraculous and ever expanding. Many essences work on an emotional level.

**Arrowhead** encourages the purity of God emotion instead of the roller coaster emotions we often experience. **Scarlet Runner Bean** helps us to face our fears with courage rather than running away from them. There are flowers to loosen old habits, clear depression and keep us walking on our divine path now matter what the obstacles. There is a flower that is one of the most ancient on earth and holds the blueprint for the energy field of an enlightened human!

Essence companies that are using **Red Schiso** as their solution base are finding that many essences can be used at one time for specific challenges or goals. Combination formulas that contain up to 20 (or more) different flower essences hold the energetic shifts for improved communications with divine guidance, greater abundance and ability to manifest, enhanced spiritual partnerships, better energetic protection for healers, increased sensitivities to the fairy realm, and solutions for challenged animals.

Let us say that you have a client who is working to move to greater depths in his / her personal relationships. This client seems to have a pattern of sabotaging the partnership, and admits to subconscious fear of having his or her heart broken. You note that there are other negative patterns and imprints related to matters of the heart and heart chakra.

**Broken Heart** contains 24 individual flower essences that clear the energy field of negative affirmations and tendencies in the emotional, mental and other subtle layers that keep us from evolving into healthy partnerships. A combination formula of flower essences called **Broken Heart** would make a dramatic improvement in this client.

Some of the flower essences that make up **Broken**

## Back to Basics

Sometimes we take it for granted that words we use on a regular basis are part of your vocabulary as well! Here are some terms we often use that may need a bit more explanation.

**Clairaudience** - the ability to hear at higher frequency levels. To improve this ability within yourself, work with essences that enhance the throat chakra. **Chakra 5 Combination Formula** or **Divine Guidance Combination Formula** would work effectively to broaden your abilities in this area.

**Clairvoyance** - the ability to see subtle energy patterns at higher frequency levels. To improve this ability within yourself, work with essences that enhance the brow chakra. **Chakra 6 Combination Formula** and **River Flow ers** are good formulas for enhancing this ability.

**Aura** - The energy envelope that surrounds and interpenetrates the physical body. The aura is made up of all the different energy shells that compose the physical, etheric, astra, mental, causal and higher spiritual aspects of the multidimensional human form.

(This definition is from **Vibrational Medicine** by Richard Gerber, M.D.)

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*"Make friends with the angels, who though invisible, are always with you...Often invoke them, constantly praise them, and make good use of their help and assistance in all your temporal and spiritual affairs. "*

*(St. Francis De Sales)*

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## Flower Essence article - continued from page 3

**Heart** are described below. **Rosa Gallica** (mother of all roses) holds an exquisite, jewel-like energy that feels more precious than a most valuable gem. She has the ability to hold the formula in sacred geometry and hold us in an energetically protective, jewel-like structure while we retune and stay tuned to the essences we are taking in combination.

The complete vibrational experience of unconditional love, even through we may not be feeling in that vibration all of the time is offered by **Rosa Banksia**. **Blackberry** is for the rhythms of our heart and brings us back into divine flow. **Carmaieux Rose** is for softening the integration of painful memories and realizations.

**Red Chestnut** is for clarity and calm for those who worry in advance of perceived difficulties. **Coconut Palm** brings more life force into the energy system and its focus would be the heart chakra. **Indian Pipe** is for inner peace and contentment. **Hawthorn** helps us to tune to the giving and receiving aspects of the heart chakra. This is represented by the breath; the lungs being an intricate part of the heart chakra energy. The symbolism is that the greater the in breath; receiving, the greater the out breath; giving, and each expanded breath makes the other greater.

**California Poppy** helps us to uncover our deepest hearts' desires. **Mary Rose** enlivens the threefold flame of divine will, divine wisdom and divine love. In a short time, many of the imbalances of the heart chakra energy system would be corrected and a whole new realm of health and positive attitude would prevail.

Personal formulas can be made up by flower essence practitioners that specifically address the shifts that will help individuals make their next step in evolutionary healing and spiritual growth. Opinions vary as to how to choose the flower essences for each individual with unique patterns of imbalance.

Because egos can be overly active and so logical, and without the benefit of being able to see the whole picture, many believe that it is best to call in divine guidance to assist with the choice of flower essences for a personal formula. Calling in representatives of the natural kingdom, like Pan, the devas of the flower essences and the devas of one's own practice, assure that the choices made are not based on linear thinking, but instead represent decisions based on an infinitely more expanded perspective. Getting the whole picture gives us a much better vantage at making the very best decision possible.

Each therapist will develop telepathic lines of guidance that will include not only representatives of the

etheric elemental kingdom, but also those of the cosmic consciousness realms.

Flower essences represent a radical step in new ways to clear and shift our energy field into higher states of vibrational purity. Our experience of Heaven on Earth is beginning to evolve at faster levels as more reach higher stages of consciousness. Flower essences are of invaluable assistance at this level to hold us in shifts that others can then tune to. We become the instrument in the orchestra, holding the tuning that others around us can attune themselves to.

Being held in the sacred geometry of flower essence combinations helps us to hold our fine tuning no matter what kinds of turmoil, chaos or imbalances surround us. Relish in the wonder of our life here on earth, immerse your levels of beingness in the essence of the flowers. How could it be any more beautiful? §

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